



Sunday, February 26th 2023 1:00 – 3:30pm @ Morristown Community Center 402 Division St S

Team Details for all of the Courageous Jumpers who will be taking The Plunge!

Pre-register your team with the enclosed flyer and email to:

RUSS@CAMPOMEGA.ORG

- All donations raised go directly to our New Family Retreat Center at Camp Omega – THANK YOU! If you'd like to donate online please go to www.campomega.org and Donate under The Plunge event.
- Each Team Captain is responsible for registering your team and collecting donations to bring to the event. If anyone wants to donate with a credit card, that will be available on site at the registration table. Checks should be made payable to Camp Omega. The top three teams who collected the most donations will receive Three Traveling Trophies.
- Encourage your "Circle of Friends" to participate; teams are encouraged to dress in a theme....be creative! The "best dressed" team receives \$50 cash 😊
- Each jumper also receives a complimentary medallion...we appreciate your Courage and Support!

RUSS SCHWICHTENBERG PH: 507-384-7947

- General Guidelines:
 - Arrive between 1 – 2pm to get situated – a release waiver will be on site for you to sign
 - Wear shoes and enter the water feet first for safety
 - Bring a towel/dry clothes and shoes – bathrooms available inside for changing areas
 - Warm food and beverages available for purchase for spectators